**Lesson Plan Scars**

By Rachael Knisely

Objective:

Art Therapy in schools is generally used for special education students who have difficulty in the setting as a result of learning disabilities, behavior disorders, emotional disturbances, or physical handicaps which impair gross and fine motor control. (Jarboe 2011). This process would be done in collaboration with the Special Education Teacher, Art Teacher and School Counselor. This is the first step of a very basic self-awareness lesson.

Materials:

Looking after Louis by Leslie Ely

* Felt tipped markers
* Good quality crayons
* Brown craft paper
* Scissors
* Masking tape
* Any other media: paint, cloth, etc.

<http://www.kinderart.com/kindercolor/leaves.shtml>

Procedure:

Read children’s book Looking after Louise. Followed by a discussion on why Louis is different and how people around him treat him.

Have students choose a leaf that represents how they see themselves. They have many to choose from a photocopied shape or could draw their own.

Students will then color or paint the leaf to represent them.

Leaves will be cut out and glued to the Tree of Life which represents our class.

Leaves will be viewed by a trained staff member in Art Therapy.